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The manual delineates the process used

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in developing the ABQ and provides users with information on the meaning of scores derived from its use. Aspects related to the ABQ are presented in a comprehensive manner: Athlete Burnout Questionnaire (ABQ), along with the guidelines for administering and scoring it

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The Athlete Burnout Questionnaire Manual (Sport and Exercise Psychology Test Clearinghouse) Paperback - February 28, 2009 by Ph.D. Raedeke, Thomas D. (Author), Alan L. Smith (Author) See all formats and editions
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Raedeke, Thomas D., 1963-Athlete

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burnout inventory. Author Eades, Allison
Margaret. Published 1990. Manual for
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Usefulness of the Athlete Burnout

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Questionnaire (ABQ) as a screening tool for the detection of clinically relevant burnout symptoms among young elite athletes August 2018 Psychology of Sport and ...

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The emergence of the ABQ, the Athlete

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Burnout Questionnaire, the most commonly used measure of the construct since its initial development in 1997, opened new horizons in athlete burnout research. Despite the resulting advances in athlete burnout research, recent discussion has pointed to the need to further improve the measurement of athlete burnout.

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Whenever an athlete, particularly a younger athlete new to the level of participation, exhibits some signs and symptoms of burnout, a physician evaluation for a physical cause is warranted. After the physician exam and

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any testing prove negative, consideration should be given to modifying the activity to permit more athlete rest and recovery.

Burnout in Athletes | NATA

The manual delineates the process used in developing the Athlete Burnout Questionnaire (ABQ) and provides users

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with information on the meaning of scores derived from its use. Aspects related to the ABQ are presented in a comprehensive manner, along with the guidelines for administering and scoring it as well as conceptual underpinnings.

Social & Motivational Processes in Physical Activity Lab - MSU

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Due to the lack of a valid and reliable questionnaire to measure burnout in athletes, Raedeke and Smith later developed a sport-specific burnout questionnaire (i.e., Athlete Burnout Questionnaire; ABQ). The development of the ABQ advanced burnout research in the athlete population.

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